

Gatehouse Primary Academy – Personal Development Subject Map

Year	Autumn	Spring	Summer
EYFS	PSHE: Being Me in My World – Happy classroom and school community (relationships) PSHE: Dreams and Goals – Setting goals; obstacles; resilience; working together (personal growth) Science: Ourselves – All About Our Bodies (health) Computing: Online Safety - Asking permission/consent (relationships) RE: Being special (relationships) PE: to travel safely in space/ be stable and control movement (health)	PSHE: Healthy Me – mental and physical health; hygiene; exercise; (health) PSHE: Celebrating Differences – acknowledging differences; feeling special; bullying; being kind (relationships) Computing: Online Safety - Asking permission/consent (relationships) RE: Why is God important to Christians/ Why is Easter special to Christians (relationships) PE: to travel safely in space/ be stable and control movement (health)	PSHE: Relationships – families; getting on and falling out PSHE: Changing Me – Coping with Change; keeping healthy; how we grow (health) Computing: Online Safety - Asking permission/consent (relationships) RE: What places/ times/ stories are special and why? (relationships) PE: to travel safely in space/ be stable and control movement (health)
Year A 1/2	PSHE: Being Me in My World – Rights and Responsibilities (relationships) PSHE: Managing Emotions - Identifying emotions, self-regulation and wellbeing (health) Science: Animals – identification and naming (health) Computing: Online Safety – Personal Information (relationships) RE: What does it mean to belong to a faith community (relationships) DT: Food Preparing fruit and Veg (health) PE: Develop balance, agility and coordination. Master basic movements such as running/ jumping/ team games (health)	PSHE: Healthy Me – Mental and physical health; exercise, diet, medicine, sleepy and personal safety (health) Computing: Online Safety – Personal Information (relationships) RE: Who is Jewish and how do they live? (relationships) DT: Food through time (health) PE: Develop balance, agility and coordination. Master basic movements such as running/ jumping/ team games (health)	PSHE: Relationships – forming and maintaining friendships Computing: Online Safety – Personal Information (relationships) RE: How should we care for the world and others? (relationships) PE: Develop balance, agility and coordination. Master basic movements such as running/ jumping/ team games (health)

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Year B 1/2	PSHE: Being in My World – Rights and Responsibilities (relationships) PSHE: Managing Emotions - Identifying emotions, self-regulation and wellbeing (health) Science: Animals – basic needs and exercise (health) Computing: Online Safety – Sharing personal Information (relationships) RE: Who is Muslim and how do they live/why does Christmas matter to Christians? (relationships) PE: Apply skills – balance, agility, coordination in range of activities. Improve throwing/ catching (health)	Celebrating Differences – understanding diversity and accepting differences; bullying (relationships) Computing: Online Safety – Sharing personal Information (relationships) RE: Who is Muslim and how do they live/why does Easter matter to Christians? (relationships) PE: Apply skills – balance, agility, coordination in range of activities. Improve throwing/ catching (health)	PSHE: Changing Me – How we change and grow; body parts; what’s private; managing transitions (health) Computing: Online Safety – Sharing personal Information (relationships) RE: What makes some places sacred to believers? (relationships) DT: Preparing fruit and Veg (health) PE: Apply skills – balance, agility, coordination in range of activities. Improve throwing/ catching (health)
Year A 3/4	PSHE: Being Me in My World – Rules; Rights and Responsibilities; roles in the community (relationships) PSHE: Managing Emotions - Identifying emotions, self-regulation and wellbeing (health) Science: Animals – Health and Nutrition (health) Computing: Online Safety – Understanding what is real and what is fake (relationships) RE: What is like for someone to follow God? (relationships) PE: Create and perform a repetitive sequence/ play competitive games (health)	PSHE: Healthy Me – Mental and physical health; legal and illegal drugs; hygiene (health) Computing: Online Safety – Understanding what is real and what is fake (relationships) RE: How do festivals/ family life/ worship show what matters to Muslims and Jewish people? (relationships) PE: Create and perform a repetitive sequence/ play competitive games (health)	PSHE: Relationships – Roles and responsibilities; romantic friendships; stereotypes; changing friendships Computing: Online Safety – Understanding what is real and what is fake (relationships) RE: How and why do people try to make the world a better place? (relationships) DT: Applying principles of a healthy and varied diet (health) PE: Create and perform a repetitive sequence/ play competitive games (health)

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Year B 3/4	PSHE: Being Me in My World - Rules; Rights and Responsibilities; roles in the community (relationships) PSHE: Managing Emotions Rules; Rights and Responsibilities; roles in the community (health) Science: Animals – digestive system/ teeth/ food chain (health) Computing: Online Safety – Safe internet searching, passwords and privacy (relationships) RE: What is the trinity and why is it important to Christians. What do Hindus believe god is like? (relationships) PE: Refine sequences/ attacking and defending (health)	PSHE: Celebrating Differences – Diverse family structures; family conflict; making assumptions; bullying and responses to bullying(relationships) Computing: Online Safety – Safe internet searching, passwords and privacy (relationships) RE: What does it mean to be a Hindu in Britain today? (relationships) DT: Food – Culture and seasonality in Europe (health) PE: Refine sequences/ attacking and defending (health)	PSHE: Changing Me – change and growth in humans; family; development of the foetus; puberty and menstruation (health) Computing: Online Safety – Safe internet searching, passwords and privacy (relationships) RE: How and why do people mark the significant events in life? (relationships) PE: Refine sequences/ attacking and defending (health)
Year A 5/6	PSHE: Being Me in My World - Rights and responsibilities locally and globally; (relationships) PSHE: Managing Emotions - Identifying emotions, self-regulation and wellbeing (health) Computing: Online Safety – Cyber bullying (relationships) RE: Why do some people believe in God and some not? (relationships) PE: Create, compose and perform with a variety of dynamics. Play competitive games/ anticipate the direction of play (health)	PSHE: Healthy Me - Mental and physical health; social media; exploitation by peers/gangs (health) Computing: Online Safety – Cyber bullying (relationships) RE: What do Christians believe god did to save people/ Why do Hindus want to be good? (relationships) DT: Food – Create and follow recipes (health) PE: Create, compose and perform with a variety of dynamics. Play competitive games/ anticipate the direction of play (health)	PSHE: Relationships – Online communities; influence of others; self- identity PE: Y5 – swimming (life skill and health) PSHE Y6 Only: RSE Intercourse leading to conception; issues around consent (relationships) Computing: Online Safety – Cyber bullying (relationships) RE: Why does faith help people when life gets hard? (relationships) PE: Create, compose and perform with a variety of dynamics. Play competitive games/ anticipate the direction of play (health)

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			Y6 Residential (relationships)
Year B 5/6	PSHE: Being Me in My World - Rights and responsibilities locally and globally; (relationships) PSHE: Managing Emotions - Identifying emotions, self-regulation and wellbeing (health) Science: Animals - drugs and exercise (health) Computing: Online safety – communicating and reporting (relationships) RE: What does it mean if Christians think that god is holy and loving/ What does it mean to be Muslim in Britain today? (relationships) PE: Devise, improve and sustain varied sequences. Choose appropriate tactics in competitive games (health)	Celebrating Differences - Cultural differences; cause of racism and conflict; different perceptions of normal; direct and indirect bullying (relationships) Humans – Changes to old; puberty; gestational periods (health and relationships) Computing: Online safety – communicating and reporting (relationships) RE: Why is the Torah so important to Jewish people? (relationships) DT: Food – Create and follow recipes (health) PE: Devise, improve and sustain varied sequences. Choose appropriate tactics in competitive games	PSHE: Changing Me (health) Body Image; self esteem; changes during puberty PE: Y5 – Swimming (life skill and health) PSHE: Year 6 Only: RSE Intercourse leading to conception; issues around consent Y6 Residential (relationships) Computing: Online safety – communicating and reporting (relationships) RE: What matters most to humanists and Christians? (relationships) PE: Devise, improve and sustain varied sequences. Choose appropriate tactics in competitive games